

<p><u>Topic:</u> Basic First Aid</p>	<p><u>Standards:</u> EO.4a – Define first aid. EO.4b – Explain the importance of having knowledge of first aid basics. EO.4c – Explain who within the program should be first aid certified.</p>	
<p>Lesson Time: 45-90 min</p>		
<p><u>Objectives:</u></p> <ol style="list-style-type: none"> 1) Define First Aid 2) Identify and explain the use of materials in a First Aid kit. 3) Create a unit First Aid kit. 	<p><u>Essential Questions:</u></p> <ol style="list-style-type: none"> 1. What is First Aid? 2. What materials should be included in a First Aid kit? 3. Who should you turn to in case of an emergency? 	
<p><u>Materials needed:</u></p> <p>Projector/screen, laptop, Band-Aids, Sterile Gauze pads, adhesive tape, moleskin, bar of soap, small tube of antiseptic, scissors, latex gloves, CPR mouth barrier, plastic goggles, writing utensil, note pad, small pouch to put materials in, large box for materials and kits</p>		
<p><u>Activities:</u></p> <ol style="list-style-type: none"> 1. Introduce the topic 2. Direct Instruction <ul style="list-style-type: none"> - Use PPT and speaker notes to teach to define First Aid and explain the chain of command in case of an emergency requiring First Aid. - Discuss scenarios and what to do in each case. - Introduce First Aid kits, explain where they are located, and what they're used for. 3. Independent/Group Practice <ul style="list-style-type: none"> - Option One: Pack a First Aid kit as a whole group. - Option Two: Small groups pack their own First Aid kits. 4. Evaluation <ul style="list-style-type: none"> - Group discussion: how to pack a kit, which items would need to be restocked most often, which items would be most used. - Final Test 5. Reflection <ul style="list-style-type: none"> - Recruits discuss additional scenarios they may encounter in the Young Marines when basic first aid is needed. Brainstorm treatment options/plan of action for each. - Discuss the importance of knowing basic first aid. 	<p><u>Learning Styles:</u> Linguistic, bodily-kinesthetic, logical-mathematical, interpersonal, spatial</p>	<p><u>Reteaching:</u></p> <p>Small group instruction if Option Two is chosen or individual instruction during Option One.</p>
<p><u>Web links for class:</u></p>	<p><u>Accommodations:</u></p> <p>Preferential seating, collaborative grouping, individual or small group instruction, providing materials ahead of time</p>	